

Xornada de Tarde

60 metros lisos homes A 1ª Serie

Hora: 20:00 - 11/06/2010

Viento: -0,8 m/s

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|-------|
| 1 | 107 | JPG170100 | JORGE PIÑEIRO GARRIDO | 00 | VICA | 8.9 |
| 2 | 104 | GFG29120 | GABRIEL FERNANDEZ GONZALE | 00 | VICA | 9.3 |
| 3 | 336 | ABB25090 | ADRIAN BOUZA BLANCO | 00 | VICA | 9.6 |
| 4 | 8 | JTB140600 | JAVIER TOUCEDO BARCENO | 00 | AVAT | 10.0 |
| 5 | 1627 | -ETF27089 | ESTEBAN TELLERIA FERNANDEZ | 99 | AVAT | 10.4 |
| 6 | 212 | DPT13059 | DIEGO PEREZ TIZON | 99 | CSCV | 10.8 |
| 7 | 217 | IAQC16019 | IVAN ALEXANDRE QUINTAS CAR | 99 | CSCV | 11.3 |

60 metros lisos homes A 2ª Serie

Hora: 20:02 - 11/06/2010

Viento: +0,5 m/s

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|---------------------------|-----|------|-------|
| 1 | 203 | MJS17089 | MARCOS JUSTO SEIJO | 99 | CSCV | 8.8 |
| 2 | 105 | AOV12030 | ADRIAN OUTEIRAL VILAS | 00 | VICA | 9.2 |
| 3 | 109 | DLG14040 | DAVID LORENZO GERMADE | 00 | VICA | 9.5 |
| 4 | 209 | DSA11050 | DANIEL SANTAMARIA ALONSO | 00 | CSCV | 9.8 |
| 5 | 110 | JMES0910 | JUAN MIGUEL ENTENZA SOAGE | 00 | VICA | 10.3 |
| 6 | 103 | LRA100999 | LOIS RODAL ARAUJO | 99 | VICA | 10.6 |
| 7 | 106 | DCP19060 | DANIEL CALVAR PARADA | 00 | VICA | 11.1 |

60 metros lisos mulleres A

Hora: 20:10 - 11/06/2010

Viento: 0,0 m/s

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|-------|
| 1 | 227 | CTR22080 | CLAUDIA TORRES REY | 00 | CLD | 8.6 |
| 2 | 24 | MGM20129 | MIRIAM GOMEZ MADEIROS | 99 | CLD | 8.9 |
| 3 | 247 | SAP28030 | SARAY AMOEDO PORTABALES | 00 | VICA | 9.8 |
| 4 | 61 | JCP010500 | JUDIT CARRERA PEREZ | 00 | AVAT | 10.0 |
| 5 | 122 | MCH23050 | MARIA JESUS CORREDOIRA HER | 00 | VICA | 10.2 |
| 6 | 121 | NGP27089 | NOA GARCIA PRIETO | 99 | VICA | 10.7 |

150 metros lisos homes I 1ª Serie

Hora: 20:20 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|-------------------------|-----|------|-------|
| 1 | 1211 | AGA15049 | ANDRES GARCIA AREA | 97 | CSN | 18.9 |
| 2 | 400 | DCR23129 | DARIO COSTAS RODAL | 97 | MRRC | 20.1 |
| 3 | 112 | OIM051297 | OSCAR IGLESIAS MENDUIÑA | 97 | VICA | 21.3 |
| 4 | 826 | MGR04049 | MARTIN GUTIERREZ ROMAN | 98 | AVAT | 21.6 |
| 5 | 206 | PJS090697 | PABLO JUSTO SEIJO | 97 | CSCV | 22.2 |
| 6 | 181 | JDLF23069 | JAIMÉ DE LA PEÑA FREIRE | 97 | AVAT | 22.4 |
| 7 | 208 | DBG28099 | DAVOR BELLO GONZALEZ | 98 | CSCV | 23.5 |

150 metros lisos homes I 2ª Serie

Hora: 20:22 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|----------|----------------------------|-----|------|-------|
| 1 | 1223 | ACF20099 | ALEJANDRO CARRICOBIA FANEG | 97 | CSN | 19.4 |
| 2 | 315 | FRF01029 | FERNANDO RABADE FERNANDE | 97 | AVAT | 20.3 |
| 3 | 123 | LMH03049 | LOIS MARIÑO HERMIDA | 97 | VALM | 20.6 |
| 4 | 111 | RDS30109 | RAUL DACOSTA SANTOME | 98 | VICA | 21.0 |
| 5 | 1215 | CBP03019 | CARLOS BEIS PENEDO | 97 | CSN | 21.3 |
| 6 | 54 | PFG20109 | PABLO FREIRE GONZALEZ | 98 | AVAT | 22.7 |
| 7 | 1649 | ARP03109 | ALEX REGUEIRA PARADA | 97 | CSN | 24.3 |

150 metros lisos mulleres I 1ª Serie

Hora: 20:30 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|--------------------------|-----|------|-------|
| 1 | 1647 | LMG25079 | LAURA MEIRA GESTIDO | 98 | CSN | 19.9 |
| 2 | 215 | CLG16019 | CARLA LEIROS GARCIA | 98 | CSCV | 20.3 |
| 3 | 7 | MLL060697 | MARTA LOUREIRO LOPEZ | 97 | AVAT | 20.6 |
| 4 | 344 | AVM22099 | ALEXIA VIDAL MARTINEZ | 97 | VICA | 21.3 |
| 5 | 601 | LRC14019 | LAURA RODRIGUEZ COSTAS | 97 | VALM | 21.5 |
| 6 | 1636 | CRM19089 | CARLA RODRIGUEZ MARTINEZ | 97 | CSN | 25.6 |
| 7 | 248 | SEF051197 | SABELA ESTEVEZ FERNANDEZ | 97 | AVAT | 25.9 |

150 metros lisos mulleres I 2ª Serie

Hora: 20:32 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|--------------------------|-----|------|-------|
| 1 | 44 | LCP160697 | LAURA CHAPELA PALMAS | 97 | MRRC | 19.5 |
| 2 | 10 | MDMS0112 | MARA DE MIGUEL SANCHEZ | 98 | EAMA | 22.6 |
| 3 | 123 | PMF20089 | PAULA MARTINEZ FERNANDEZ | 98 | VICA | 23.0 |
| 4 | 218 | A8544 | ITXASO FERNANDEZ RIVEIRO | 97 | CSCV | 24.7 |
| 5 | 133 | APG08069 | ANDREA PINAR GUIADANES | 98 | BEAD | 25.7 |
| 6 | 135 | MTR18119 | MARTA TEJEIRO REBOLO | 98 | AVAT | 26.6 |

1000 metros lisos mulleres B/A/I/C 1ª Serie

Hora: 20:40 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|--------|
| 1 | 973 | AFS200898 | ANGELA FERNANDEZ SOBRAL | 98 | CUNT | 3:19.9 |
| 2 | 717 | NGC16119 | NOELIA GRAÑA CASAS | 98 | VICA | 3:31.2 |
| 3 | 901 | AGM17059 | ANGELA GIL MARTINEZ | 96 | BEAD | 3:33.3 |
| 4 | 213 | MPB30060 | MARIA PEREZ BOENTE | 00 | CSCV | 3:38.5 |
| 5 | 120 | AVS22030 | ALBA VIDAL SOLIÑO | 00 | VICA | 3:39.8 |
| 6 | 616 | LMC24079 | LAURA MENDEZ COSTAS | 97 | VALM | 3:40.6 |
| 7 | 121 | NGP27089 | NOA GARCIA PRIETO | 99 | VICA | 3:41.2 |
| 8 | 222 | CBR06090 | CARMEN BELLO RODRIGUEZ | 01 | CSCV | 3:42.0 |
| 9 | 385 | NRC22080 | NOA RAMIREZ CARBALLO | 00 | CLD | 3:46.6 |
| 10 | 447 | ECH16099 | ESMERALDA CORREDOIRA HERB | 97 | VICA | 3:49.4 |
| 11 | 1456 | LCC15010 | LUCIA CARDESIN CORTEGOSO | 00 | CSN | 3:50.1 |
| 12 | 336 | LFG09019 | LAURA FERNANDEZ GONZALEZ | 99 | SMO | 3:54.6 |
| 13 | 680 | CPR02050 | CARLA PENEDO RODRIGUEZ | 01 | VALM | 3:59.8 |
| 14 | 15 | ABEG2205 | ELENA BELEN ESTEVEZ GARCIA | 99 | AVAT | 4:04.8 |
| 15 | 114 | AGF06020 | ARIADNA GIL FERNANDEZ | 02 | VICA | 4:05.9 |
| 16 | 658 | AFV070101 | ALEXANDRA FIGUEIRA VÁZQUEZ | 01 | VALM | 4:09.1 |
| 17 | 235 | LCF110601 | LARA CABALEIRO FREIRIA | 01 | BEAD | 4:18.0 |
| 18 | 115 | IMM260302 | IRENE MENENDEZ MARIÑO | 02 | VICA | 4:24.9 |
| 19 | 117 | VFB230602 | VALERIA FERNANDEZ BLANCO | 02 | VICA | 4:32.4 |
| 20 | 116 | NVP28030 | NAIARA VILLAR PARADA | 02 | VICA | 4:32.9 |
| 21 | 3 | ABR01129 | AGUEDA BRIEVA RIVERO | 99 | AVAT | 4:40.4 |

1000 metros lisos mulleres B/A/I/C 2ª Serie

Hora: 20:45 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|--------|
| 1 | 327 | GA17454 | ANGELA GONZALEZ FERNANDEZ | 97 | SMO | 3:07.0 |
| 2 | 615 | GA19635 | EVA CID GUEDE | 95 | VALM | 3:07.7 |
| 3 | 604 | GA19073 | MONICA RODRIGUEZ ALVAREZ | 96 | VALM | 3:18.2 |
| 4 | 204 | A8797 | CARMELA CARDAMA BAEZ | 96 | CSCV | 3:18.6 |
| 5 | 135 | EFI290197 | ELENA FRAGUAS IGLESIAS | 97 | CUNT | 3:24.1 |
| 6 | 625 | CCS16079 | CARLA CARIDE SANROMAN | 96 | VALM | 3:24.7 |
| 7 | 231 | NMR10079 | NATALIA MARTINEZ RODRIGUEZ | 98 | BEAD | 3:25.3 |
| 8 | 634 | GA19636 | LAURA VARELA ESTEVEZ | 95 | VALM | 3:25.9 |
| 9 | 234 | ARL250497 | ALBA RODRIGUEZ LLOVES | 97 | AVAT | 3:26.5 |
| 10 | 630 | CCA27069 | CARLA CABRERA ALONSO | 96 | VALM | 3:30.9 |
| 11 | 426 | A8463 | BELÉN GONZALEZ IGLESIAS | 95 | AVAT | 3:30.3 |
| 12 | 201 | A8581 | LIDIA VILLAR AYRA | 96 | CSCV | 3:31.7 |
| 13 | 4 | GA20000 | MARIA JESUS NOVO PARDAVILA | 95 | VICA | 3:34.4 |
| 14 | 207 | A8575 | CLARA DOMINGUEZ FONTAN | 96 | CSCV | 3:39.2 |
| 15 | 208 | A8801 | MARIA ALVAREZ VILLAR | 96 | CSCV | 3:44.0 |
| 16 | 24 | SA25039 | SILVIA AGUIRRE ALVAREZ | 96 | AVAT | 3:46.5 |
| 17 | 122 | PLA100998 | PATRICIA LEIROS ALONSO | 98 | BEAD | 3:48.0 |
| 18 | 215 | SAP12039 | SILVIA ALONSO PRADO | 98 | CSCV | 3:49.0 |
| 19 | 29 | LDP060795 | LORENA DAVILA PIÑEIRO | 95 | BEAD | 3:50.1 |
| 20 | 223 | A8573 | JESSICA DAVILA PRADO | 96 | CSCV | 3:51.3 |
| 21 | 214 | PSA05049 | PAULA SANTAMARIA ALONSO | 98 | CSCV | 3:59.1 |

1000 metros lisos homes B/A/I/C 1ª Serie

Hora: 20:55 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|-----------------------------|-----|------|--------|
| 1 | 631 | FRF16099 | FRANCISCO RODRIGUEZ FREIRIA | 99 | VALM | 3:25.4 |
| 2 | 205 | BV02110 | BRAIS VILLAR VIEITEZ | 00 | CSCV | 3:34.4 |
| 3 | 1588 | FAT310101 | FRANCISCO AGUETE TRIÑANES | 01 | CSN | 3:35.4 |
| 4 | 209 | DSA11050 | DANIEL SANTAMARIA ALONSO | 00 | CSCV | 3:38.5 |
| 5 | 62 | MAR04010 | MIGUEL ALVAREZ ROJO | 01 | AVAT | 3:39.1 |
| 6 | 108 | DAG27110 | DANIEL ARMADA GONZALEZ | 00 | VICA | 3:39.4 |
| 7 | 140 | PFC20039 | PABLO FIGUEROA COMESAÑA | 99 | BEAD | 3:45.5 |
| 8 | 650 | DMH19089 | DENIS MARIÑO HERMIDA | 99 | VALM | 3:47.7 |
| 9 | 97 | IOM030201 | ISMAEL OTERO MARTINEZ | 01 | VICA | 3:48.8 |
| 10 | 1595 | NGA05110 | NICOLAS GARCIA AREA | 01 | CSN | 3:50.1 |

Xornada de Tarde

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|----|------|-----------|----------------------------|----|------|--------|
| 11 | 102 | SPM21020 | SIMÓN PEREIRA MILLAN | 02 | DIV | 3:50.8 |
| 12 | 210 | ALT100900 | ALEXANDRE LAGO TIZON | 00 | CSCV | 3:51.3 |
| 13 | 216 | DBC28080 | DIEGO BARRROS CARBALLO | 01 | CSCV | 3:56.2 |
| 14 | 436 | ACP01090 | ADRIAN COMESAÑA PIRES | 00 | BEAD | 3:57.6 |
| 15 | 211 | MJS10100 | MANUEL JUSTO SEJO | 02 | CSCV | 3:59.0 |
| 16 | 1652 | SRC08020 | SAMUEL ROMAN CURRA | 01 | CSN | 3:59.2 |
| 17 | 21 | ARA23030 | ALVARO RIVAS ALVAREZ | 01 | AVAT | 3:59.3 |
| 18 | 1594 | CCF23090 | CELESTINO CRESPO FUENTES | 01 | CSN | 4:15.6 |
| 19 | 1729 | ACS14060 | ANDRES SANTOS COUSO | 01 | CSN | 4:13.1 |
| 20 | 971 | OBA28090 | OSCAR BOUZAS ALONSO | 02 | BEAD | 4:16.3 |
| 21 | 201 | DLT121002 | DAVID LAGO TIZON | 02 | CSCV | 4:19.9 |
| 22 | 217 | IAQC16019 | IVAN ALEXANDRE QUINTAS CAR | 99 | CSCV | 4:20.4 |
| 23 | 581 | MBV30010 | MARCOS BOUZAS VILLAR | 01 | BEAD | 4:25.8 |
| 24 | 955 | ARD25110 | ALEX ROMAN DIAZ | 01 | VALM | 4:43.4 |
| 25 | 1591 | ALC170101 | ADRIAN LOPEZ CALVIÑO | 01 | SANN | 4:50.0 |
| 26 | 1623 | RFC20110 | RAUL FARIÑA CRESPO | 01 | CSN | 5:13.5 |
| - | 1288 | PCG10040 | PABLO CARRERA GIL | 01 | AVAT | DNF |

1000 metros lisos homes B/A/I/C 2ª Serie

Hora: 21:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|---------------------------|-----|-------|--------|
| 1 | 36 | | HELDER COSTA | 95 | PORTU | 2:39.9 |
| 2 | 951 | GA17112 | MIGUEL OTERO REY | 96 | CUNT | 2:46.8 |
| 3 | 420 | JPR150895 | JESUS PARCERO RIOS | 95 | VICA | 2:53.8 |
| 4 | 129 | A8501 | ANTON MENDUIÑA DURAN | 95 | VICA | 2:58.3 |
| 5 | 222 | A8571 | BRAIS BARREIRO PREGO | 96 | CSCV | 2:59.8 |
| 6 | 115 | FMG03029 | FERNANDO MARTINEZ GONZALE | 97 | VALM | 3:01.2 |
| 7 | 202 | ALT021097 | ADRIAN LAGO TIZON | 97 | CSCV | 3:02.5 |
| 8 | 35 | DSV15079 | DAVID SANTORIO VILA | 97 | BEAD | 3:03.2 |
| 9 | 438 | A8740 | GERMAN GOMEZ GUERRERO | 95 | VALM | 3:04.0 |
| 10 | 784 | YGV03079 | YERAY GOMEZ VILLAR | 98 | VALM | 3:04.5 |
| 11 | 178 | A8385 | DAMIAN ESMERODE DOMINGUEZ | 95 | VALM | 3:05.4 |
| 12 | 379 | GSV15079 | GUILLERMO SANTORIO VILA | 97 | BEAD | 3:06.3 |
| 13 | 993 | A8384/ | CARLOS MONROY IGLESIAS | 95 | VALM | 3:05.8 |
| 14 | 221 | A8577 | ENRIQUE MARTINEZ MARTINEZ | 95 | CSCV | 3:07.0 |
| 15 | 69 | AFV050495 | ALEXANDRE FERNANDEZ VALLE | 95 | AVAT | 3:09.3 |
| 16 | 965 | MCC23039 | MANUEL COSTA CAMARERO | 96 | VALM | 3:12.1 |
| 17 | 233 | A8795 | JAVIER ULLOA MEJIDE | 96 | CSCV | 3:15.9 |
| 18 | 628 | LGD01039 | LORENZO GONZALEZ DIAZ | 99 | VALM | 3:13.9 |
| 19 | 411 | BGV04059 | BRAIS GOMEZ VILLAR | 97 | VALM | 3:14.3 |
| 20 | 627 | JVC291299 | JOSE VILLAR CORRALES | 99 | VALM | 3:21.7 |
| 21 | 959 | XFP210397 | XOSE MANUEL FERNANDEZ PER | 97 | AVAT | 3:23.5 |
| 22 | 16 | SGR13099 | SERGIO GOMEZ RODRIGUEZ | 98 | BEAD | 3:32.9 |
| 23 | 383 | CTV14059 | CARLOS TORRES VIDAL | 98 | VALM | 3:36.7 |
| 24 | 112 | OIM051297 | OSCAR IGLESIAS MENDUIÑA | 97 | VICA | 3:52.4 |
| 25 | 1649 | ARP03109 | ALEX REGUEIRA PARADA | 97 | CSN | 3:58.2 |

3.000 metros lisos homes Jv/Jr/P/S/V

Hora: 21:10 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|----------|-----------------------------|-----|-------|---------|
| 1 | 225 | GA16793 | ROBERTAS GERALAVICIUS -- | 84 | SGPO | 8:13.7 |
| 2 | 205 | GC5333 | SAUL CASTRO ALONSO | 84 | SGPO | 8:15.1 |
| 3 | 39 | | JORGE SANTA CRUZ | 89 | PORTU | 8:17.3 |
| 4 | 222 | GA14447 | GUSTAVO NIEVES CAMPELLO | 82 | SGPO | 8:17.7 |
| 5 | 38 | | MARCO OLIVEIRA | 90 | PORTU | 9:02.8 |
| 6 | 588 | GA17000 | JAVIER BESADA VAZQUEZ | 91 | OAAP | 9:12.7 |
| 7 | 313 | GA19647 | BRAIS MISA GARCIA | 88 | VICA | 9:15.3 |
| 8 | 347 | GA20007 | GONZALO BASCONCELOS ARAU | 94 | SMO | 9:18.0 |
| 9 | 394 | GA16548 | GILBERTO COSTAS PENEDO | 91 | SMO | 9:20.9 |
| 10 | 252 | A8400 | ALEJANDRO ALVAREZ COSTAS | 93 | CSCV | 9:29.5 |
| 11 | 758 | GA20308 | MARIO PEREZ FARIÑAS | 93 | OAAP | 9:31.1 |
| 12 | 16 | GA19645 | HAYKEL PORTELA PORTELA | 89 | VICA | 9:32.7 |
| 13 | 453 | GA10659 | FAUSTO HERNANZ MORAL | 62 | OAAP | 9:38.7 |
| 14 | 664 | GA19704 | ANGEL FERNANDEZ BARBA | 93 | SMO | 9:45.7 |
| 15 | 69 | DFC09049 | DAVID FERNANDEZ COMESAÑA | 94 | BEAD | 9:46.9 |
| 16 | 757 | GA17397 | JACOBO PEREZ ABAD | 94 | OAAP | 9:47.5 |
| 17 | 211 | A8404 | PABLO ALVAREZ VILLAR | 93 | CSCV | 9:51.4 |
| 18 | 210 | A8254 | ALBERTO AYUSO VILABOA | 93 | CSCV | 9:55.0 |
| 19 | 215 | GA19080 | JOHN MIKEL BESADA FERNANDE | 94 | RCCV | 9:56.1 |
| 20 | 48 | GA13857 | EMILIO JOSE GARRIDO SOBRINO | 80 | OAAP | 10:08.4 |
| 21 | 11 | GA17471 | JUAN CARLOS GRAÑA PEREZ | 72 | RCCV | 10:08.8 |
| 22 | 224 | GA20029 | MARTIN TAIN MARQUEZ | 92 | SGPO | 10:16.1 |
| 23 | 40 | A8231 | JOSE JARDON LOPEZ | 56 | VIG | 10:20.4 |
| 24 | 427 | ACD30039 | ADRIAN CORREA DOMINGUEZ | 94 | BEAD | 10:32.9 |
| 25 | 204 | GA12865 | PABLO DIAZ LOPEZ | 78 | SGPO | DNF |
| 26 | 78 | A7823 | JOSE LUIS VARELA GONZALEZ | 66 | PORR | DNF |

27 223 GA617122 FRANCISCO JAVIER IGLESIAS DE 90 SGPO DNF

3.000 metros lisos mulleres Jv/Jr/P/S/V

Hora: 21:25 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|---------|----------------------------|-----|------|---------|
| 1 | 619 | GA19084 | VICTORIA RODRIGUEZ FREIRIA | 94 | VALM | 11:20.2 |
| 2 | 614 | GA19083 | ROCIO RODRIGUEZ MARTINEZ | 94 | VALM | 11:59.0 |
| 3 | 225 | GA15983 | MONTERRAT CARREIRA COSTA | 67 | CSCV | 12:17.2 |
| 4 | 603 | A8265 | SARA MARQUEZ RODRIGUEZ | 94 | VALM | 13:22.2 |
| 5 | 224 | A8579 | TANIA RIAL SANTOS | 94 | CSCV | 13:37.6 |
| 6 | 18 | GA19612 | TERESA ELENA CORBAL | 94 | CELT | 16:11.9 |

Salto de altura mulleres B/A/I

Hora: 20:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|-----------|----------------------------|-----|------|---|
| 1 | 1647 | LMG25079 | LAURA MEIRA GESTIDO | 98 | CSN | 1,41 0,80: 0,85: 0,90: 0,95: 1,00: 1,05: 1,10: o 1,15: o 1,20: o 1,25: o 1,30: xo 1,33: o 1,35: xo 1,37: o 1,39: o 1,41: o 1,43: xxx |
| 2 | 1453 | ATDR2402 | ANGELA TORRES DA ROCHA | 97 | CSN | 1,25 0,80: 0,85: 0,90: 0,95: 1,00: 1,05: 1,10: o 1,15: o 1,20: o 1,25: o 1,30: xx- 1,33: 1,35: 1,37: 1,39: 1,41: 1,43: |
| 3 | 344 | AVM22099 | ALEXIA VIDAL MARTINEZ | 97 | VICA | 1,25 0,80: 0,85: 0,90: 0,95: 1,00: 1,05: 1,10: 1,15: o 1,20: o 1,25: xo 1,30: xxx |
| 4 | 717 | NGC16119 | NOELIA GRAÑA CASAS | 98 | VICA | 1,20 0,80: o 0,85: o 0,90: - 0,95: o 1,00: o 1,05: o 1,10: xo 1,15: o 1,20: xo 1,25: xxx |
| 5 | 123 | PMF20089 | PAULA MARTINEZ FERNANDEZ | 98 | VICA | 1,15 0,80: 0,85: 0,90: 0,95: 1,00: o 1,05: o 1,10: o 1,15: o 1,20: xxx |
| 6 | 24 | MGM20129 | MIRIAM GOMEZ MADEIROS | 99 | CLD | 1,15 0,80: 0,85: 0,90: o 0,95: o 1,00: o 1,05: o 1,10: xo 1,15: xo 1,20: xxx |
| 7 | 447 | ECH16099 | ESMERALDA CORREDOIRA HERB | 97 | VICA | 1,15 0,80: 0,85: 0,90: 0,95: 1,00: o 1,05: o 1,10: o 1,15: xxx 1,20: |
| 7 | 973 | AFS200898 | ANGELA FERNANDEZ SOBRAL | 98 | CUNT | 1,15 0,80: 0,85: 0,90: 0,95: o 1,00: o 1,05: o 1,10: o 1,15: xxx 1,20: |
| 9 | 1456 | LCC15010 | LUCIA CARDESIN CORTEGOSO | 00 | CSN | 1,15 0,80: 0,85: o 0,90: - 0,95: o 1,00: o 1,05: xo 1,10: xxx 1,15: xxx 1,20: xxx |
| 10 | 626 | MDA06020 | MARINA DOMINGUEZ ABRUÑEDO | 00 | AVAT | 1,10 0,80: o 0,85: - 0,90: - 0,95: - 1,00: o 1,05: o 1,10: o 1,15: xxx |
| 10 | 1425 | ULH04089 | URSULA MARIA LOIRA HERMIDA | 99 | CSN | 1,10 0,80: 0,85: 0,90: 0,95: 1,00: 1,05: o 1,10: o 1,15: xxx |
| 12 | 218 | A8544 | ITXASO FERNANDEZ RIVEIRO | 97 | CSCV | 1,10 0,80: o 0,85: o 0,90: - 0,95: - 1,00: xo 1,05: o 1,10: xo 1,15: xx- 1,20: 1,25: 1,30: 1,33: 1,35: 1,37: 1,39: 1,41: 1,43: |
| 13 | 420 | NPG08070 | NEREA PERELLO GONZALEZ | 00 | AVAT | 1,10 0,80: o 0,85: o 0,90: o 0,95: o 1,00: o 1,05: o 1,10: xxx 1,15: xxx |
| 14 | 13 | SCF12079 | SALOME CARRERA FERNANDEZ | 98 | AVAT | 1,05 0,80: o 0,85: o 0,90: o 0,95: o 1,00: o 1,05: o 1,10: xxx |
| 14 | 574 | EQV02050 | EVA QUEIMAÑO VILABOY | 00 | AVAT | 1,05 0,80: o 0,85: o 0,90: o 0,95: o 1,00: o 1,05: o 1,10: xxx |
| 14 | 135 | EF1290197 | ELENA FRAGUAS IGLESIAS | 97 | CUNT | 1,05 0,80: 0,85: 0,90: 0,95: 1,00: o 1,05: o 1,10: xxx |
| 17 | 1439 | APG16040 | ANGELA POUSADA GONZALEZ | 01 | CSN | 1,05 0,80: o 0,85: o 0,90: o 0,95: o 1,00: o 1,05: xo 1,10: xxx |
| 18 | 385 | NRC22080 | NOA RAMIREZ CARBALLO | 00 | CLD | 1,05 0,80: o 0,85: - 0,90: - 0,95: o 1,00: o 1,05: xxx 1,10: xxx |
| 19 | 119 | PSG19080 | PAULA SANTOS GIL | 00 | VICA | 0,95 0,80: o 0,85: o 0,90: o 0,95: o 1,00: x- 1,05: x- 1,10: x 1,15: 1,20: 1,25: 1,30: 1,33: 1,35: 1,37: 1,39: 1,41: 1,43: |
| 19 | 120 | AVS22030 | ALBA VIDAL SOLIÑO | 00 | VICA | 0,95 0,80: o 0,85: o 0,90: - 0,95: o 1,00: xxx |
| 21 | 3 | ABR01129 | AGUEDA BRIEVA RIVERO | 99 | AVAT | 0,95 0,80: o 0,85: o 0,90: - 0,95: xo 1,00: xxx |
| 22 | 1653 | RCF15060 | RUTH CARRERA FERNANDEZ | 01 | AVAT | 0,90 0,80: o 0,85: o 0,90: xo 0,95: xxx |
| 23 | 345 | ADA29060 | ANA DOMINGUEZ ABRUÑEDO | 01 | AVAT | 0,90 0,80: o 0,85: o 0,90: xxx 0,95: xxx |
| 24 | 113 | VRJ110102 | VALERIA RODRIGUEZ JALDA | 02 | VICA | 0,90 0,80: o 0,85: xxx 0,90: xxx 0,95: x- 1,00: x- 1,05: - 1,10: 1,15: 1,20: 1,25: 1,30: 1,33: 1,35: 1,37: 1,39: 1,41: 1,43: |
| 25 | 227 | CTR22080 | CLAUDIA TORRES REY | 00 | CLD | 0,85 0,80: o 0,85: o 0,90: xxx |

Estadio Municipal de Atletismo de Balaídos, 11 de junio de 2010

Xornada de Tarde

| | | | | | | | |
|--|------|-----------|---------------------------------|----|------|-------------|--|
| 26 | 214 | PSA05049 | PAULA SANTAMARIA ALONSO | 98 | CSCV | 0,80 | |
| 0,80: o 0,85: x- 0,90: - 0,95: - 1,00: xx- 1,05: 1,10: 1,15: 1,20: 1,25: 1,30: 1,33: 1,35: 1,37: 1,39: 1,41: 1,43: | | | | | | | |
| 26 | 134 | MFP17060 | MARIA FERNANDEZ PEREZ | 02 | AVAT | 0,80 | |
| 0,80: o 0,85: xxx | | | | | | | |
| 28 | 960 | SSO13030 | SANDRA SOUTO OTERO | 02 | VICA | 0,80 | |
| 0,80: xo 0,85: xxx | | | | | | | |
| 29 | 8 | SEF051197 | SABELA ESTEVEZ FERNANDEZ | 97 | AVAT | NM | |
| 0,80: xxx | | | | | | | |
| 30 | 1450 | ECM15020 | EMILY CERQUEIRO MACHADO | 01 | CSN | NM | |
| 0,80: xxx | | | | | | | |

Salto de altura homes B/A/I

Hora: 21:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apellidos e nome / Clube | Ano | Club | Marca |
|---|------|-----------|----------------------------------|-----|-------|-------------|
| 1 | 400 | DCR23129 | DARIO COSTAS RODAL | 97 | MRRRC | 1,45 |
| 0,90: 0,95: 1,00: 1,05: 1,10: 1,15: 1,20: 1,25: o 1,30: o 1,35: o 1,40: xxx 1,45: xxx 1,52: xxx | | | | | | |
| 2 | 1294 | AFP260297 | ADRIAN FREIRE PATIÑO | 97 | LCV | 1,35 |
| 0,90: 0,95: 1,00: 1,05: 1,10: 1,15: 1,20: o 1,25: xo 1,30: o 1,35: xo 1,40: xxx | | | | | | |
| 3 | 1631 | CBP03019 | CARLOS BEIS PENEDO | 97 | CSN | 1,35 |
| 0,90: 0,95: 1,00: 1,05: 1,10: 1,15: 1,20: o 1,25: o 1,30: o 1,35: xxo 1,40: xxx | | | | | | |
| 4 | 206 | PJS090697 | PABLO JUSTO SEIJO | 97 | CSCV | 1,25 |
| 0,90: 0,95: 1,00: o 1,05: o 1,10: o 1,15: o 1,20: o 1,25: o 1,30: xxx | | | | | | |
| 5 | 111 | RDS30109 | RAUL DACOSTA SANTOME | 98 | VICA | 1,25 |
| 0,90: 0,95: 1,00: o 1,05: o 1,10: o 1,15: xo 1,20: o 1,25: o 1,30: xxx | | | | | | |
| 6 | 315 | FRF01029 | FERNANDO RABADE FERNANDE | 97 | AVAT | 1,25 |
| 0,90: 0,95: 1,00: 1,05: 1,10: 1,15: o 1,20: o 1,25: xo 1,30: xxx | | | | | | |
| 7 | 959 | XFP210397 | XOSE MANUEL FERNANDEZ PER | 97 | AVAT | 1,25 |
| 0,90: 0,95: 1,00: 1,05: 1,10: 1,15: o 1,20: xo 1,25: xo 1,30: xxx | | | | | | |
| 8 | 181 | JDLF23069 | JAIME DE LA PEÑA FREIRE | 97 | AVAT | 1,20 |
| 0,90: 0,95: 1,00: 1,05: 1,10: xo 1,15: xo 1,20: o 1,25: xxx | | | | | | |
| 9 | 109 | DLG14040 | DAVID LORENZO GERMADE | 00 | VICA | 1,15 |
| 0,90: o 0,95: o 1,00: o 1,05: o 1,10: o 1,15: o 1,20: xxx | | | | | | |
| 10 | 826 | MGR04049 | MARTIN GUTIERREZ ROMAN | 98 | AVAT | 1,15 |
| 0,90: 0,95: 1,00: 1,05: o 1,10: xxo 1,15: o 1,20: xxx | | | | | | |
| 11 | 203 | MJS17089 | MARCOS JUSTO SEIJO | 99 | CSCV | 1,10 |
| 0,90: 0,95: 1,00: o 1,05: xxo 1,10: o 1,15: xxx | | | | | | |
| 12 | 627 | JVC291299 | JOSE VILLAR CORRALES | 99 | VALM | 1,10 |
| 0,90: o 0,95: o 1,00: o 1,05: o 1,10: xo 1,15: xxx | | | | | | |
| 13 | 208 | DBG28099 | DAVOR BELLO GONZALEZ | 98 | CSCV | 1,10 |
| 0,90: o 0,95: o 1,00: o 1,05: o 1,10: xo 1,15: xxx | | | | | | |
| 14 | 54 | PFG20109 | PABLO FREIRE GONZALEZ | 98 | AVAT | 1,10 |
| 0,90: xxo 0,95: o 1,00: o 1,05: o 1,10: xo 1,15: xxx | | | | | | |
| 15 | 29 | NFS12049 | NICOLAS FERNANDEZ SOBRAL | 00 | CUNT | 1,05 |
| 0,90: o 0,95: o 1,00: xo 1,05: o 1,10: xxx | | | | | | |
| 16 | 1637 | PLF070801 | ROBERTO LOPEZ FANDIÑO | 01 | CSN | 1,00 |
| 0,90: o 0,95: xo 1,00: o 1,05: xxx | | | | | | |
| 17 | 369 | APC18050 | ANXO BREGAN PEREZ COUGIL | 00 | AVAT | 1,00 |
| 0,90: o 0,95: xxo 1,00: xo 1,05: xxx | | | | | | |
| 18 | 1650 | RPT06090 | RAUL PORTABALES TEIXEIRA | 01 | CSN | 0,95 |
| 0,90: o 0,95: o 1,00: xxx | | | | | | |
| 19 | 1588 | FAT310101 | FRANCISCO AGUETE TRIÑANES | 01 | CSN | 0,95 |
| 0,90: o 0,95: o 1,00: xxx | | | | | | |
| 20 | 263 | MSO13109 | MARTIN SOUTO OTERO | 99 | VICA | 0,95 |
| 0,90: o 0,95: o 1,00: xxx | | | | | | |
| 21 | 205 | BVV02110 | BRAIS VILLAR VIEITEZ | 00 | CSCV | 0,95 |
| 0,90: xxo 0,95: xo 1,00: xxx | | | | | | |
| 22 | 1595 | NGA05110 | NICOLAS GARCIA AREA | 01 | CSN | 0,90 |
| 0,90: o 0,95: xxx | | | | | | |
| 23 | 360 | ADLPF210 | ANGEL DE LA PEÑA FREIRE | 01 | AVAT | 0,90 |
| 0,90: o 0,95: xxx | | | | | | |
| 24 | 103 | ERA10099 | ELOY RODAL ARAUJO | 99 | VICA | 0,90 |
| 0,90: xxo 0,95: xxx | | | | | | |
| - | 98 | JPP041201 | JUAN PIÑEIRO PIÑEIRO | 01 | VICA | NM |
| 0,90: xxx | | | | | | |
| - | 101 | AFJ111001 | AARON FANDIÑO JORGE | 01 | VICA | NM |
| 0,90: xxx | | | | | | |
| - | 99 | ABC21060 | ADRIÁN BERNARDEZ CABALLER | 02 | VICA | NM |
| 0,90: xxx | | | | | | |
| - | 966 | GNT28020 | GERMAN JOSE NOVOA TEJEIRO | 01 | AVAT | NM |
| 0,90: xxx | | | | | | |

| | | | | | | |
|-----------|-----|----------|-----------------------------|----|------|-----------|
| - | 102 | SPM21020 | SIMÓN PEREIRA MILLAN | 02 | DIV | NM |
| 0,90: xxx | | | | | | |
| - | 100 | DRP04120 | DERIL RIAL PIÑEIRO | 01 | VICA | NM |
| 0,90: xxx | | | | | | |

Salto de longitud homes B/A

Hora: 20:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apellidos e nome / Clube | Ano | Club | Marca |
|---|------|-----------|-----------------------------------|-----|------|--------------------|
| 1 | 107 | JPG170100 | JORGE PIÑEIRO GARRIDO | 00 | VICA | (+0,9) 3,95 |
| 3,95 (+0,9) / 3,59 (+0,6) / 3,66 (+1,2) | | | | | | |
| 2 | 104 | GFG29120 | GABRIEL FERNANDEZ GONZALE | 00 | VICA | (+3,1) 3,62 |
| 3,62 (+3,1) / 3,54 (+0,7) / 3,62 (+0,7) | | | | | | |
| 3 | 369 | APC18050 | ANXO BREGAN PEREZ COUGIL | 00 | AVAT | (-0,1) 3,59 |
| 3,50 (+1,9) / 3,48 (+0,8) / 3,59 (-0,1) | | | | | | |
| 4 | 105 | AOV12030 | ADRIAN OUTEIRAL VILAS | 00 | VICA | (+3,7) 3,59 |
| 3,59 (+3,7) / x / 2,91 (+0,2) | | | | | | |
| 5 | 29 | -NFS10010 | NICOLÁS FERNÁNDEZ SOBRAL | 00 | CUNT | (+1,4) 3,45 |
| 3,44 (+3,1) / 3,45 (+1,4) / 3,45 (-0,8) | | | | | | |
| 6 | 263 | MSO13109 | MARTIN SOUTO OTERO | 99 | VICA | (+0,0) 3,29 |
| 2,92 (-0,4) / x / 3,29 (+0,0) | | | | | | |
| 7 | 336 | ABB25090 | ADRIAN BOUZA BLANCO | 00 | VICA | (-0,8) 3,24 |
| 3,24 (-0,8) / 2,74 (+0,9) / 3,22 (+0,6) | | | | | | |
| 8 | 108 | DAG27110 | DANIEL ARMADA GONZALEZ | 00 | VICA | (+1,8) 3,14 |
| 2,90 (+1,6) / 2,84 (+0,0) / 3,14 (+1,8) | | | | | | |
| 9 | 1627 | -ETF27089 | ESTEBAN TELLERIA FERNANDEZ | 99 | AVAT | (+1,5) 3,02 |
| 3,01 (+1,2) / 3,02 (+1,5) / 2,90 (+0,8) | | | | | | |
| 10 | 216 | DBC28080 | DIEGO BARROS CARBALLO | 01 | CSCV | (+0,3) 2,97 |
| 2,53 (-1,2) / x / 2,97 (+0,3) | | | | | | |
| 11 | 110 | JMES0910 | JUAN MIGUEL ENTENZA SOAGE | 00 | VICA | (+0,4) 2,95 |
| 2,75 (+0,4) / 2,62 (+1,5) / 2,95 (+0,4) | | | | | | |
| 12 | 97 | IOM030201 | ISMAEL OTERO MARTINEZ | 01 | VICA | (+0,2) 2,94 |
| 2,80 (+0,0) / 2,86 (+0,2) / 2,94 (+0,2) | | | | | | |
| 13 | 211 | MJS10100 | MANUEL JUSTO SEIJO | 02 | CSCV | (+0,9) 2,87 |
| 2,80 (+0,0) / 2,87 (+0,9) / 2,83 (+0,4) | | | | | | |
| 14 | 106 | DCP19060 | DANIEL CALVAR PARADA | 00 | VICA | (+1,1) 2,81 |
| 2,81 (+1,1) / 2,35 (+0,2) / 2,35 (+0,6) | | | | | | |
| 15 | 98 | JPP041201 | JUAN PIÑEIRO PIÑEIRO | 01 | VICA | (+1,2) 2,77 |
| 2,77 (+1,2) / 2,59 (+0,5) / 2,63 (+0,7) | | | | | | |
| 16 | 101 | AFJ111001 | AARON FANDIÑO JORGE | 01 | VICA | (+0,7) 2,69 |
| 2,53 (+0,6) / 2,51 (+1,5) / 2,69 (+0,7) | | | | | | |
| 17 | 1652 | SRC08020 | SAMUEL ROMAN CURRA | 01 | CSN | (+0,5) 2,68 |
| 2,62 (+0,7) / 2,63 (+0,0) / 2,68 (+0,5) | | | | | | |
| 18 | 1729 | ACS14060 | ANDRES SANTOS COUSO | 01 | CSN | (+0,7) 2,65 |
| 2,65 (+0,7) / 2,45 (+0,6) / 2,48 (+0,2) | | | | | | |
| 19 | 201 | DLT121002 | DAVID LAGO TIZON | 02 | CSCV | (+1,6) 2,56 |
| 2,54 (+0,0) / 2,46 (+0,5) / 2,56 (+1,6) | | | | | | |
| 20 | 99 | ABC21060 | ADRIÁN BERNARDEZ CABALLER | 02 | VICA | (+2,1) 2,46 |
| 2,20 (+0,9) / 2,46 (+2,1) / 2,19 (+0,8) | | | | | | |
| 21 | 140 | PFC20039 | PABLO FIGUEROA COMESAÑA | 99 | BEAD | (+1,7) 2,40 |
| 2,40 (+1,7) / 2,23 (+1,7) / 2,33 (+0,0) | | | | | | |
| 22 | 966 | GNT28020 | GERMAN JOSE NOVOA TEJEIRO | 01 | AVAT | (+0,0) 2,36 |
| 2,33 (+1,0) / 2,36 (+0,0) / 2,31 (+0,5) | | | | | | |
| 23 | 100 | DRP04120 | DERIL RIAL PIÑEIRO | 01 | VICA | (+2,2) 2,05 |
| 1,84 (+2,3) / 2,05 (+2,2) / 1,84 (+0,7) | | | | | | |

Salto de longitud mulleres B/A

Hora: 21:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apellidos e nome / Clube | Ano | Club | Marca |
|---|------|----------|-----------------------------------|-----|------|--------------------|
| 1 | 24 | MGM20129 | MIRIAM GOMEZ MADEIROS | 99 | CLD | (+1,7) 4,00 |
| 3,22 (+0,0) / 3,66 (+0,6) / 4,00 (+1,7) | | | | | | |
| 2 | 227 | CTR22080 | CLAUDIA TORRES REY | 00 | CLD | (+0,4) 3,38 |
| 3,38 (+0,4) / 3,20 (+0,5) / 3,25 (+0,5) | | | | | | |
| 3 | 385 | NRC22080 | NOA RAMIREZ CARBALLO | 00 | CLD | (+0,0) 3,36 |
| 3,36 (+0,0) / 3,17 (+0,6) / 3,35 (+0,5) | | | | | | |
| 4 | 119 | PSG19080 | PAULA SANTOS GIL | 00 | VICA | (+0,0) 3,30 |
| 3,30 (+0,0) / 3,24 (+0,6) / 3,08 (+0,0) | | | | | | |
| 5 | 626 | MDA06020 | MARINA DOMINGUEZ ABRUÑEDO | 00 | AVAT | (+0,0) 3,30 |
| 3,30 (+0,0) / 3,20 (+0,0) / 3,17 (+0,7) | | | | | | |
| 6 | 274 | SAP28030 | SARAY AMOEDO PORTABALES | 00 | VICA | (+0,7) 3,27 |
| 3,21 (+0,7) / 3,27 (+0,7) / 3,17 (+0,0) | | | | | | |
| 7 | 1653 | RCF15060 | RUTH CARRERA FERNANDEZ | 01 | AVAT | (+0,0) 3,17 |
| x / 3,07 (+0,6) / 3,17 (+0,0) | | | | | | |
| 8 | 15 | ABEG2205 | ELENA BELEN ESTEVEZ GARCIA | 99 | AVAT | (+0,9) 3,17 |
| 3,05 (+0,2) / 2,96 (+0,0) / 3,17 (+0,9) | | | | | | |

4º Trofeo AVA "Memorial Eugenio Torres"

Estadio Municipal de Atletismo de Balaidos, 11 de junio de 2010

Xornada de Tarde

| | | | | | | |
|----|-----|-----------|--|----|------|--------------------|
| 9 | 960 | SSO13030 | SANDRA SOUTO OTERO 2,81 (-0,4) / 3,17 (+0,0) / x | 02 | VICA | (+0,0) 3,17 |
| 10 | 213 | MPB30060 | MARIA PEREZ BOENTE 2,96 (+0,2) / 2,80 (+0,5) / 2,86 (+0,0) | 00 | CSCV | (+0,2) 2,96 |
| 11 | 61 | JCP010500 | JUDIT CARRERA PEREZ 2,93 (+0,0) / 2,69 (+0,0) / 2,70 (+0,9) | 00 | AVAT | (+0,0) 2,93 |
| 12 | 114 | AGF06020 | ARIADNA GIL FERNANDEZ 2,89 (+0,0) / 2,79 (+0,2) / 1,28 (+1,0) | 02 | VICA | (+0,0) 2,89 |
| 13 | 115 | IMM260302 | IRENE MENEDEZ MARIÑO 2,87 (+0,0) / 2,79 (+0,0) / 2,65 (+0,5) | 02 | VICA | (+0,0) 2,87 |
| 14 | 222 | CBR06090 | CARMEN BELLO RODRIGUEZ 1,51 (+1,0) / 2,58 (+0,0) / 2,51 (+0,6) | 01 | CSCV | (+0,0) 2,58 |
| 15 | 113 | VRJ110102 | VALERIA RODRIGUEZ JALDA 2,43 (+0,0) / 2,34 (+0,0) / x | 02 | VICA | (+0,0) 2,43 |
| 16 | 117 | VFB230602 | VALERIA FERNANDEZ BLANCO 2,38 (+0,4) / 2,37 (+0,0) / 2,39 (+0,8) | 02 | VICA | (+0,8) 2,39 |
| 17 | 134 | MFP17060 | MARIA FERNANDEZ PEREZ 2,25 (+0,0) / x / x | 02 | AVAT | (+0,0) 2,25 |
| 18 | 345 | ADA29060 | ANA DOMINGUEZ ABRUÑEDO 1,92 (+0,3) / x / 2,04 (+0,6) | 01 | AVAT | (+0,6) 2,04 |

Disco 1 Kg homes C

Hora: 20:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|----------|--|-----|------|--------------|
| 1 | 1657 | GA19675 | PABLO CASTRO CHAPELA 39,76 / 41,53 / 41,94 / 42,89 / 43,61 / 44,19 | 96 | VICA | 44,19 |
| 2 | 1716 | DPGS1102 | DANIEL POUSADA GONZALEZ X / 33,42 / 31,80 / X / 24,33 / X | 96 | CSN | 33,42 |
| 3 | 13 | JMD09079 | JOAQUIN MUÑIZ DOMINGUEZ 32,17 / X / 30,55 / 27,16 / 30,46 / X | 95 | NARO | 32,17 |

Lanzamento de martelo 3 kg mulleres I/C

Hora: 21:00 - 11/06/2010

| Pto. | Drsl | Lic. | Apelidos e nome / Clube | Ano | Club | Marca |
|------|------|----------|--|-----|-------|--------------|
| 1 | 45 | | MARIA JOÃO RODRIGUÉS 37,84 / 35,63 / 41,72 / X / X / 40,73 | 96 | PORTU | 41,72 |
| 2 | 1320 | GA19661 | MARIA SIO CARRERA 37,98 / X / 38,31 / 36,56 / 38,63 / X | 95 | AVAT | 38,63 |
| 3 | 46 | | DANIELA PAÇO X / X / 32,07 / 37,79 / 36,11 / 35,55 | 96 | PORTU | 37,79 |
| 4 | 1453 | ATDR2402 | ANGELA TORRES DA ROCHA 19,68 / X / 19,76 / 20,88 / 20,89 / 20,13 | 97 | CSN | 20,89 |

Xornada de Tarde

Clubes Participantes

| | |
|-------------|-----------------------------------|
| AVAT | AGRUPACION VIGUESA DE ATLETISMO |
| BEAD | ATLETISMO C.S.C.R. BEADE |
| CUNT | ATLETISMO CUNTIS |
| CELT | ATLETISMO FEMENINO CELTA |
| MRRC | ATLETISMO MORRAZO |
| NARO | ATLETISMO NARON |
| PORR | ATLETISMO PORRIÑO |
| VICA | ATLETISMO VILA DE CANGAS |
| CLD | CALDAS |
| VIG | CLUB ATLETISMO VIGO |
| CSCV | COMESAÑA SPORTING CLUB |
| DIV | DIVINO MAESTRO DE OURENSE |
| EAMA | ESCOLA ATLETISMO MENUDO ATLETAS |
| LCV | LICEO CASINO DE VILAGARCIA |
| OAAP | OURENSE AT. - ACADEMIA POSTAL |
| PORT | PORTUGAL |
| RCCV | REAL CLUB CELTA DE ATLETISMO |
| SMO | SAN MIGUEL DE OIA |
| SANN | SAN NARCISO |
| CSN | SAN NARCISO DE MARIN |
| VALM | SOCIEDAD ATLETICA VAL MIÑOR |
| SGPO | SOCIEDAD GIMNASTICA DE PONTEVEDRA |